

Emotional Intelligence, Grit, and the Hidden Curriculum in Medical Education

Tuesday, June 2, 2020 ~ 1:00-2:00 p.m. Eastern

This presentation will introduce some core concepts on both the importance of and strategies for establishment of an emotionally healthy climate for learning, role modeling, and resilience, incorporating concepts and strategies to foster deliberate practice, practical feedback, and resident wellness. We will also discuss the concept of a "hidden curriculum" and analyze the features and impact on learners of both a positive and a negative hidden curriculum, concentrating especially on the role that the negative hidden curriculum plays in promoting cynicism, unprofessional behavior, and burnout in trainees. We will then evaluate the data supporting the idea that emotional intelligence, grit, and a growth-mindset may prevent negative behavioral complications in trainees.

Objectives:

At the conclusion of the session, learners should be able to:

- Identify the top reasons for medical trainee attrition;
- Examine how the hidden curriculum affects professional development of medical trainees;
- Analyze strategies to evaluate and foster emotional intelligence and grit in medical trainees.

Speakers:

Dana Blyth, Maj, USAF, MC, is the PD for the NCC ID fellowship and Vice Chair of the IDSA Medical Education Community of Practice IDWeek Workgroup. She graduated from Vanderbilt and received her MD from the University of Pennsylvania. She completed her IM and ID training at SAUSHEC and was core faculty for the ID fellowship and APD for the Transitional Year program.

Andrew Shaffrinna, USA, MAJ, MC, is an Emergency Medicine Physician at Brooke Army Medical Center. He currently serves as Core Faculty in the EM Residency and Assistant Program Director for the Transitional Year Internship at SAUSHEC, actively involved in both training programs. He deploys as a member of a Forward Resuscitative Surgical Team and is actively involved in the Special Operations Medicine community.

Moderator:

Rebecca Daniel MD, FACP, is the Director of Continuing Medical Education and Director of Transitional Year Residency at St. Joseph Mercy Hospital. She also serves as Chair-Elect of AHME's Council on Professional and Faculty Development (CPFD).

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Contact AHME Headquarters with questions – 724-864-7321 or info@ahme.org